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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment. Contact
with The Great White Brotherhood and Cooperative World Service

IN THIS ISSUE

	Page
THE TEMPLE OF ILLUMINED FAITH . . .	122
ON PEACE, By Lord Gautama	124
THE ARCHANGEL MICHAEL	125
INNER AND EXTERNALIZED CONSCIOUSNESS, By the Ascended Master El Morya	130
REMEMBER LORD MICHAEL'S ANNIVERSARY, (Monthly Letter by The Maha Chohan) . . .	133
THE TASK OF THE EXTERNALIZED CONSCIOUSNESS, By Saint Germain . . .	134
HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS, By The Elohim Vista ("Cyclopea")	137
ASCENDED MASTER AUTUMN CLASS . . .	141
DECREES FOR THE FOUR ELEMENTS . . .	142
OUR LATEST RELEASES	144



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THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. IX

September 15, 1960

No. 6

TEMPLE OF ILLUMINED FAITH AND PROTECTION

In Banff, Canadian Rocky Mountains
(The Ascended Master Retreat of the Month)
September 15th through October 14th, 1960

Hierarchy: Lord Michael, Archangel of Faith and Protection; **Color of Flame:** Crystalline with Radiance of Sapphire Blue; **Musical Keynote:** "Soldiers Chorus" from Faust.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF SEPTEMBER 17TH, 1960

1	2	3	4	5	6	7	8
"I AM" inbreathing the-faith and protection from Archangel-Michael's Temple	"I AM" absorbing the-faith and protection from Archangel-Michael's Temple	"I AM" expanding the-faith and protection from Archangel-Michael's Temple	"I AM" projecting the-faith and protection from Archangel-Michael's Temple	"I AM" inbreathing the-faith and protection from Archangel-Michael's Temple	"I AM" absorbing the-faith and protection from Archangel-Michael's Temple	"I AM" expanding the-faith and protection from Archangel-Michael's Temple	"I AM" projecting the-faith and protection from Archangel-Michael's Temple

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Temple of Faith and Protection: See "The Bridge Journal": Vol. IV, No. 10 (Supplement), Vol. VI, Nos. 6 and 11; Vol. VIII, No. 4.

Addresses by Lord Michael: See "The Bridge Journal": Vol III: 3 and 8; Vol. VI Nos. 6 and 11; Vol. VIII No. 4. See also "The Seven Archangels Speak", page 105 and "Beloved Archangel Michael—His work and Helpers".

Addresses by Lady Faith: Vol. IV No. 6; Vol. VIII No. 4.

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ASCENDED MASTER KUTHUMI

Co-World Teacher
together with the Ascended Master Jesus

ON PEACE

By Beloved Gautama, Lord of the World

MY dearly beloved ones! If you only knew just how important is the drawing, sustaining and expanding of the feelings of TRUE PEACE! It is much more important than the obtaining and using of money (to which the outer consciousness attaches such supreme importance); it is more important than almost anything which the outer consciousness considers of value, for in TRUE PEACE do the healing currents freely flow; in TRUE PEACE you are able to understand clearly what the Divine Beings desire you to do and have done; in TRUE PEACE your own Holy Christ Self has opportunity to direct your outer consciousness. Do you know that in TRUE PEACE just seven men or seven women (or a harmonious cooperative group composed of both) could create and sustain a Temple wherein the healing of any lifestream could be accomplished without any one of those seven speaking even one audible word?

This Peace of which I speak is not surface Peace! It is the Peace of which Beloved Jesus spoke when He said that it surpassed the understanding of the outer mind. It is the Peace which comes when you have found your Real Self—the Peace that comes when you KNOW that GOD'S WILL IS GOOD FOR YOU and for all; the Peace that comes when you are willing to renounce that which is dearest to you in favor of God's Will being done.

From personal experience, I can tell you that, in renouncing My physical father's name and throne, as well as My lovely wife and baby son, I REALLY FOUND THEM, and My wife and son later became two of My most earnest and loyal disciples in helping to spread THE WORD!

If you seek the Peace and Comfort of Pure Divine Love and find it not in human beings, may I humbly offer you MY FEELING, substance and energy of MY PEACE, which is MY GOD-GIFT TO MAN! Remember, I am your Eternal Friend!

THE ARCHANGEL MICHAEL

(Archangel of Faith, Protection and Deliverance from Evil)

Of the Seven Beloved Archangels Who are the Messengers of God, perhaps the best known and loved is the Lord of the Archangels Prince Michael. Countless prayers to Him, with their attendant and immediate response, have drawn Him close to the peoples of Earth. Golden of hair, with magnificent blue eyes, and an appearance of splendor, confidence and faith in God, Lord Michael has responded so often to the requirement of peoples upon the Earth who are caught up in the distresses of soul, mind and body.



The famous shrine of Mont-Saint-Michael in France

He, of His own free will, chose to become the Guardian of the Faith of man in his God at the very beginning of mankind's embodiment on Earth. His Presence, or that of One of the Celestial Helpers Who are among His Legions, sweep Earthward to give assistance to anyone in distress.

His Focus of Light and Shining Temple pulsates in the Etheric Realm in the Canadian Rockies, near Banff.* Here, many who are aware of this Focus come for the renewal of their Faith in God and find renewed encouragement to serve their fellowman upon the Earth.

* In the etheric realms over Central Europe is a Focus of Beloved Archangel Michael, as well as in the Canadian Rockies.

Once, long ago, as is told in the Bible, the Earth was pure and its peoples innocent. They dwelt in a Garden of Eden and enjoyed the beauty, opulence and perfection which God had created for them. "And God looked upon His creation and said IT IS GOOD!"

Then, mankind, endowed with the gift of free will, chose to experiment with the use of their life (disobeying the law of God) and evil came forth from their minds, feelings, spoken words and actions. This is called by many "the fall of man".

When the "fall of man" took place, Lord Michael—seeing the travail and soul agony which would result from such disobedience to God's Law of Harmony—began to prepare for His long and loving service to God's disobedient children. He fashioned out of His own thought a magnificent Sword of Blue Flame. He drew around Himself Legions of the Angelic Host to assist Him and He offered God His services until the very last of mankind had been redeemed and his sins expiated and he was returned to his God Estate. God, in His infinite Mercy, accepted the kind services of Lord Michael and His Helpers and ever since, Beloved Michael and His Angels have been serving mankind, imprisoned Angels, the elemental kingdom and every living thing, with but one thought in mind—preservation of the spiritual light in the soul and restoration of the desire for obedience to God's Law of harmony on Earth and in Its Atmosphere.

By the bedside of a sick person, in the homes of those who suffer, in the great institutions where illness of mind and body are treated, there are always present the Legions of Lord Michael, helping to cut away the invisible cause and core of distress so that the soul may find freedom and happiness in God's service.

At many religious services, where the actual recognition of Lord Michael is given, His Radiant Presence pours down a shower of Faith and Love and Protection upon the communicants. The mere speaking of His Name draws His attention toward you and His help into your world.

When people pass from this Earthlife, they are often as deeply emmeshed in discord as when they lived in an earthly body. Lord Michael, with His Own hands and flashing Sword of Blue Flame, cuts the bands that bind these so-called deceased peoples to the loved ones on Earth and allows the soul to rise to the Throne of the Father.

In many homes, where distress, discord and impurity have been emanated by the inhabitants (sometimes for centuries) the invocation to Lord Michael and His Helpers, will free those homes of all past impurity and allow the present inhabitants of that home to enjoy the beauty of the present rather than the heavy, depressing atmosphere of the past.

The secret thoughts, feelings and actions of mankind, as well as their rebellious outer expressions of discord, has created a blanket of discordantly qualified energy around the Earth. This is called the psychic or astral realm. Within it dwell many invisible spirits and elementals who prey upon the credulous minds of those peoples of Earth seeking to know the Truth about their loved ones who have passed through the veil called death or seeking to pierce the hidden "mysteries" of life beyond the veil.

His Shining Presence will and does come to anyone so temporarily caught in the psychic realm and deliverance is immediate and permanent.

Also those who are caught in the habits of dope addiction, alcoholism and various other depravities of the flesh, have an Instant Deliverer in Lord Michael if they will invite Him to help them. Sometimes the individual, so caught in psychic conditions, does not want help. It is the privilege of those who know of Lord Michael to call to Him on their behalf and He will answer them. This call (prayer) need not be made aloud, nor even in the presence of the individuals requiring assistance, for the very mention of Deliverance sets up a resistance in the consciousness of the one who so needs aid.

Wisdom and discrimination upon the part of those who see the need and desire the help of Lord Michael for themselves and others will help them to make such a call silently or audibly when they are alone. Thus the resistance of the outer mind, which is substance heavily charged with rebellion, is avoided.

Words cannot express the manifold services of the Great Prince, Lord Michael and His Divine Helpers, but invocation of His Heavenly Presence and Aid for all who invoke Him into their own worlds or that of their loved ones (whether they are on Earth or have passed through the veil called death) will prove His Reality and Power to give such assistance. Remember, because an individual has passed through the change called "death", he or she is also in need of prayer. Make a personal Friend of Lord Michael. Opportunity will present itself to you every day, as you see distress and limitations about you! Thus you will truly become one of the Helpers of this Selfless One by inviting His assistance in freeing all life everywhere from discord, disease, limitation and distress.

Invocation

Beloved Heavenly Father and Thy Divine Messenger, Lord Michael!

We bless Thee for Thy Presence in this universe. We invoke the Presence of Lord Michael and His Legions of Light into the atmosphere of Earth to cut free every soul belonging to this evolution from all substance, energy, habits, qualities, tendencies and desires which are not of God!

We invoke Thy intercession on behalf of our loved ones who live beyond the veil of death. Go to them and cut them free from all Earthly bonds of greed, hate, avarice and distress. Take them to Thy Temple of Faith and teach them true Faith in God and inculcate in their hearts a desire to obey God's Holy Will.

We invoke Thy Presence into every institution of incarceration of every kind upon the planet Earth and into every home

and place of worship. Dissolve the cause and core of all distress, individual, national and planetary. Help us, we beseech Thee, to learn to serve with Thee in removing the psychic and astral realm that lies like a "smog" upon and around the Earth. Take all dis-embodied spirits and elementals who have not yet learned to do God's Will from the atmosphere of Earth.

We ask Thee, Lord Michael, to meet our loved ones as they pass through the veil called death, and in Thy Own loving Arms, carry them to the Throne of God Himself.

Beloved Lord Michael, help us to want to do God's Will here on Earth and hereafter. Remove the curse of "rebellion and disobedience" from all evolutions in the Earth, upon its surface and in its atmosphere. Thank you! Blessed Prince of the Heavenly Host! We accept Your intercession upon our behalf and that of all life and we accept Your Friendship in our own worlds today and forever. Amen!

Prayer

(The general content of the following prayer is given daily in the communal service of one of the great religions and Beloved Archangel Michael Himself has said that this daily recognition of Him by these devout people through the centuries is greatly responsible for His Presence and that of His Protecting Angels in the lower atmosphere of Earth.)

Blessed Michael, the Archangel! Defend us in the hour of conflict. Be our safeguard against the wickedness and snares of both seen and unseen evil forces. Restrain them, O God, we humbly beseech Thee—and do Thou, O Prince of the Heavenly Host, by the power of God, remove from the atmosphere of Earth all the evil spirits who roam about the world seeking the ruin of souls... SO BE IT!

INNER AND EXTERNALIZED CONSCIOUSNESS

By the Ascended Master El Morya

(With interpolated headings)

THE physical appearance world and everything in manifestation is but externalized consciousness. That is self-evident and has been explained to you in detail by the Masters of Wisdom.

Your own bodies and every experience in your daily lives are but the externalization of the consciousness of some lifestream in your environment.

Your consciousness has been builded for hundreds of thousands of centuries of living, and thought and feeling patterns have been set up, many of which your outer self has never been cognizant of. These thought and feeling patterns are constantly moving currents of energy which are like river beds and the perfect energy released from the Godhead flows naturally along the course of these thought and feeling patterns because of the momentum they have builded in these many embodiments. Now, these thought and feeling patterns, conscious and unconscious, represent the inner consciousness of every lifestream and constitute the nature of the personal self, and by the nature of their being, they constitute the outer experience of every lifestream.

We reiterate then, that whatever is in the consciousness, known or unknown, is externalized as the experience of the lifestream, so that the thought and feeling patterns which constitute the inner consciousness continue embodiment after embodiment to form the external experience through which the lifestream passes again and again.

The Spiritual Hierarchy deals only with consciousness

The Spiritual Hierarchy and all Beings directly concerned with the evolution of the race deal only with consciousness, knowing that effect always follows cause.

The Lords of Karma determine the percentage of consciousness to be externalized

The Lords of Karma, therefore, looking at the consciousness of the soul, allow only a certain percentage of that consciousness to be externalized in each life, holding back through mercy the externalization of more than the lifestream can bear.

As you press tooth paste from a tube in the proportion you desire for the operation, so is the pressure of the cosmic law which externalizes in each lifestream's experience a percentage of that lifestream's inner consciousness.

With the increased pressure of the cosmic light and the acceleration of the evolution of the planet, there is a much greater pressure upon the inner consciousness of all souls belonging to this system and the externalization of a greater percentage of their inner iniquities naturally follows.

You must drastically change your inner nature

The import of my message today is to convey to the intellects of all the students that they will never be free of the externalized evil until they make a drastic change in their inner nature, because the inner consciousness must become absolutely free from the ability to entertain or recognize imperfection in thought and feeling, and when the Cup is clean within, the appearance world will automatically manifest only the perfection that fills the inner consciousness.

Distress is the effect of uncontrolled thought and feeling

People cannot go on in their uncontrolled thinking and feeling and not have those thoughts and feelings externalize as distress.

You can dam up feeling by means of the outer will, but while they are entertained within as a seething uncontrol, the cause—though hidden—perhaps from the world, will externalize as an effect as truly as the sun reflected on the water emits a certain radiance of Light.

Invoke the Ascended Masters' Light into your consciousness

This is more important than people have realized, because a person's consciousness is always under the control of the individual's lifestream, and even the Ascended Masters cannot intrude Their Light into the recesses of the human consciousness unless invited, but the invocation of the Ascended Masters' Light into an individual's consciousness will bring great illumination to the mind and great assistance in clearing out the filth of centuries.

Your inner nature must be changed in thought and feeling

The people who are to advance spiritually have to change in their inner nature, and neither suppression nor intellectual knowledge brings release.

The world of consciousness is the world of thought and feeling, and in this secret and sacred place man must be completely honest and if so his externalization will prove his sincerity.

EL MORYA

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. IX

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REMEMBER LORD MICHAEL'S ANNIVERSARY

(September 29, 1960)

Temple of Illumined Faith and Protection. Banff, Canadian Rocky Mountains, U.S.A. Letter from the Maha Chohan to the Transmission of the Flame Class of September 17th, 1960

Beloved Ones seeking freedom
from distress for yourselves and all life everywhere:

It is Our joy to join the Great Archangel Michael in His Focus of Illumined Faith at Banff. How many times through the ages has He personally freed you from your own misdemeanors as well as the astral effluvia of the entire Earth and Her unascended evolutions. Patience and Love are embodied in the Presence of This Beloved Prince of the Archangels and His Royal Court of Angels, Who defend, protect, illumine and set free all imprisoned life, when a chela (unascended) asks Him so to do.

As the Anniversary Day in His Honor, is September 29th in each year, I personally ask that you, each one, who has had the kindly services of Lord Michael and His God-free Angels, give to Him some special blessing from your own dear worlds.

The Sponsors from Lord Michael's Ascended Master Legions are Great Angels, clothed in Sapphire Blue Garments, with sword, shield, helmet and visor, Who come with you or go for you to those in distress. Accept Their Living Presence, beloved, for They are Beings of Light, at your command!

Love and Blessings
Maha Chohan

THE TASK OF THE EXTERNALIZED CONSCIOUSNESS

By the Ascended Master Saint Germain

(With interpolated headings)

IN the precipitation of the Divine Consciousness into and through the four lower vehicles provided as instruments of manifestation, the consciousness so extended into the manifest plane of physical expression was provided as a Transformer of the Divine Ideas into the substance and energy of the lower world; thus the Divine Perfection already completed in the Mind and Heart of God was to be drawn through the Consciousness thus provided and the atoms and molecules of the third dimensional plane coalesced around the Divine Ideas so created according to the Divine Blue Print.

The externalized consciousness

The consciousness thus sent forth from the Divine Mind was to be the interpreter of the Divine Ideation and the interpretation was to follow the original exactly as to form and detail.

In other words, the important task of the externalized consciousness was to receive into itself that portion of the Divine Plan allotted to it for expression and then to use the creative faculties to express that Divine Plan impressed upon it from above.

Your environment is the out-picturing of your consciousness

Every man, woman and child in the universe interprets the Divine Plan today according to their individual capacity and

the out-picturing of a person's environment and association is the result of his or her accurate or faulty interpretation of it. The home in which they live, the environment in which they move and their particular place in the evolutionary scheme of commerce, industry or domestic affairs is but the out-picturing of what their consciousness is **capable** of receiving from the Realm of Truth.

The cause of limitation

The denser, more impure and heavy the consciousness the less it can tune into the Truth, and, therefore, its interpretation of Life, resulting in limitation, is not accurate nor in any measure cooperative with the expansion of the Kingdom.

How to fulfill your destiny

Your consciousness, each one, has become embedded and ingrained with much imperfection through centuries of life's experience, but as your attention is upon purification and Truth your instruments of interpretation will become more alert, more accurate and more receptive to the Divine Will, and as you interpret more and more Truth so will that expanded consciousness externalize greater perfection.

Cultivating the Ascended Master Consciousness in your quiet thinking and feeling and your hourly living is to build into your spirit the only eternal riches, beauty and happiness, which comes from fulfilling your destiny as an Interpreter of the Ever-Present Good.

The four lower bodies

The folds of consciousness form an actual substance made up of the elements in which the four lower bodies function.

The four lower bodies are the weavers of the universal light substance into the complicated intricate pattern which forms the consciousness of every lifestream.

Through the substance of these folds a consciousness (re-

presenting the creative power) presses into manifestation the conscious or unconscious imaging and picturization of the individual and the **quality** of manifestation is more or less tempered by the actual substance of the consciousness through which it flows.

The quality of the manifestation

The old statement, "Through a soiled garment the Light will not shine" refers to the absolute necessity of a **highly purified consciousness** in order to interpret and manifest the perfection contemplated in the inner imaging, because no matter how beautiful the picturization may be, if the folds of consciousness are sullied, as the image is pressed through these folds (just as grapes are pressed through a cloth to separate the pulp and the seeds from the juice) so is the Divine Ideation presented or injected into the consciousness by the Higher Self, but the sum total of the consciousness of the individual, through whose faucet and consciousness the perfection is to come determines the **quality** of the manifestation.

The purification of the four lower bodies

It is, therefore expedient for the conscious student upon the Path to accelerate the cosmic purification of the four lower bodies in order that the folds of consciousness emitted from every individual and forming the collective "Cup of transmutation" might be utilized by the Gods and that they might find a perfect **clean vessel** of transmutation that would not dim the glory of each individual manifestation.

SAINT GERMAIN

HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS

By the Mighty Elohim Vista ("Cyclopea")

(With interpolated headings)

A GAIN returning to the ever-expanding knowledge and understanding of the Realm of Consciousness, I will present to you another point of application which will assist you in the process of training and maintaining an inner consciousness at a higher level of spiritual attunement than has been the natural course of your individual evolutionary expression to date.

When a man or woman desires to raise himself or herself to a conscious understanding of the Law into the Ascended Master Consciousness, he must first recognize the fact that it is the **internal nature** of his entire being that must go through a period of drastic change and attunement, which is diametrically opposed to the currents of energy that have been his natural expression to date.

In the Retreats and in the East, where individuals know that the Spiritual Path requires such an extreme re-orientation in the expression of the lifestream, they approach the Path with greater earnestness, knowing that it is not the superficial surface, but the **innermost nature** of the man which must be trained along lines which will evolve a set of vehicles completely harmonious and perfectly attuned to the currents of force that represent the outpourings of the Godhead and set the pattern for the Divine Plan to man and nature.

One must be the Master and not the victim of his vehicles.

We will return to the study of the four lower bodies and their

contributing force which, as a conglomerate whole, makes up a man's personality and consciousness and determines his or her state of evolution and progress on the Path.

When a man aspires to spiritual unfoldment, he finds that the energy of his lifestream has evolved a series of independent motivated vehicles whose course of action is completely beyond his control and even beyond the scope of his reason.

Among these warring selves he dwells and is victim rather than master of the vehicles originally intended to be his servants. Each one of these four bodies is fed **externally** by any vibration going on in the particular sphere to which it belongs at any given moment. Thus, if tremendous currents of force passing through the etheric world, the mental or emotional worlds, the bodies of the unawakened vibrate to those currents as helplessly as a small craft bobs in the waves of a powerful steamboat.

Men are in a sea of cosmic currents intent on cosmic creation

As man's evolution is but a small part of the activity of the Universe to which he belongs, cosmic currents from various planets and stars and activities from the Fourth Dimension are playing through the Seven Spheres, and these currents have been incorrectly interpreted by astrologers as beneficent or malefic forces that affect, constructively or otherwise, certain groups of individuals at various times. The truth of the matter is that these tremendous currents of force as they sweep through the seven spheres are intent on cosmic creation and the power of their release energizes the various bodies of the people according to the quality of the energy predominant in the inner bodies at the time of their passing.

Men are also in the turmoil of the mass consciousness

There are likewise upheavals in the psychic and astral planes such as was recently caused by the world-wide war, which does not only affect the physical bodies of those in the conflict but is a tremendous mental, emotional and etheric conflagration that

fills the inner bodies of every incarnate and descarnate soul with confusion and chaos. Therefore, we see that **one-seventh** of your lifestream is manifest in the physical form and **six-sevenths** are under the influence of currents of energy of which the intellect is completely unaware.

You have been told that the mental, the feeling and the etheric nature of all mankind are one and what affects one affects all. The advancing consciousness makes an intellectual affirmation of its desire to rise out of the mass mind—he then wonders at the rise and fall of the state of his consciousness, not realizing that his inner bodies are at the mercy of and controlled by the mental and emotional waves going through the universe released by the peoples of earth, the descarnates as well as from the Higher Octaves. Thus, **the student must**, in order to facilitate his progress and ensure a steady forward motion of his entire lifestream, learn how to disconnect his inner bodies from the mass consciousness and thus tune into the vibratory action of the Higher Spheres. The quicker vibratory action of the latter will raise the lower bodies from connection with the mass mind and will greatly strengthen them by the currents of these Higher Spheres into which they are attuned, and while that higher vibratory action is vibrating through them, they will be immune to malefic forces, but once an individual allows anyone of the lower bodies to descend again into the turmoil of the outer consciousness, he becomes a part of and is affected by the mass thought and feeling. It is the individual's consciousness choice.

How to raise your emotional body

To make this clear, let us take your emotional nature. Consciously offer it into the Heart of Heaven—let the Qualities of the Masters fill it with the substance and feeling that Heaven expresses, and if your emotional nature is held in the Heart of Heaven, no inner or outer experience will be important enough to change the ecstasy of that vibratory action.

How to raise your mental body

Consciously take your mental body and tune it into the All-knowing Mind of God. You know you cannot entertain a thought less than Perfection and keep it there in that Mind, and when the individual's mind is so attuned it cannot become a part of the mental confusion of the world.

How to raise your etheric body

Take your etheric body and consciously bathe it in the Waters of Purity and in the Flame and let it record only Perfection.

Results

As your bodies are thus trained to rise and join with the Ascended Master Mind and Heart, they will feed on the substance of Universal Good. They will not allow you to be dragged down into the unhappiness of the outer world and they will begin to feed your consciousness with their reports from God's Kingdom rather than to dump the refuse of their experiences in the world of human thinking and feeling into it.

I hope We have been clear enough to present to you another phase of unfoldment which, together with your previous understanding, will enable you to invite various Gods and Goddesses to accept, expand and to guard and protect, to fill, to teach and to train your lower vehicles until they become perfect expressions of the good of your lifestream.

The Elohim VISTA

ASCENDED MASTER AUTUMN CLASS

We have the privilege and joy of announcing that the Ascended Master Autumn Class will be held this year on the following days and that the following Cosmic Beings will radiate their Power, Wisdom and Love around the world during the twenty four hours of each day.

Students should attend their own Sanctuaries or Groups during these days at 10 A.M. EST. to accelerate the normal vibratory rate of their forcefields by the magnetization of the blessings of the Divine Beings listed below:

Schedule

Monday, Sept. 26, 1960: Lord Helios and Lady Vesta
 Tuesday, Sept. 27, 1960: Lord Thor and Lady Aries
 Wednesday, Sept. 28, 1960: Lord Neptune and Lady Lunara
 Thursday, Sept. 29, 1960: Lord Pelleur and Lady Virgo

The reading of the Booklet "The Control of the Elements", or the reading of any other addresses by these Cosmic Beings will be a great help in tuning into the Ascended Master Autumn Class.

Geraldine Innocente,
 President
 The Bridge to Freedom, Inc.

* * *

CHANGE OF ADDRESS

Please be advised that the new postal address of our General Manager is

Mr. Frank C. Pita,
 Apartado 1492,
 Havana, Cuba.

DECREES FOR THE FOUR ELEMENTS

Fire

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Fire Element by me and all mankind through the ages.

BELOVED PRESENCE OF GOD "I AM" IN ME and BELOVED ASTREA, draw within Your Circle and Sword of Blue Flame the cause and core of all FEAR of Fire, fear of Air, fear of Water and fear of the Earth, and transmute it into the illumination and Ascended Masters understanding and use of the Sacred Fire.

BELOVED HELIOS AND VESTA, ZARATHUSTRA and ALL Who are in charge of the Fire Element, we love, bless and thank You and all the Salamanders for Your service to us and all mankind through the ages. We ask that all destructive activities of the Fire Element be transmuted into the Sacred Fire of God's Love to bring eternally sustained purity and perfection everywhere on our Earth now, to be ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).

Air

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Air Element by me or any of mankind, in or out of embodiment.

BELOVED PRESENCE OF GOD "I AM" IN ME and BELOVED THOR AND ARIES, We love, bless and thank You. We bless the northwinds, the southwinds, eastwinds, westwinds and the sylphs of the Air who are your messengers, asking that all destructive activities of the Air be transmuted by the Violet Transmuting Flame and that never again will the Air Element participate in cyclones, tornadoes or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are

wholly ascended and free, BELOVED "I AM" (3).

Water

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Water Element by me and every lifestream, in or out of embodiment, and all who ever consciously or unconsciously used the Water Element destructively.

BELOVED PRESENCE OF GOD "I AM" IN ME and in all mankind, BELOVED NEPTUNE AND LUNARA, we love, bless and thank You and all the Beings of the Water Element, all the Undines who have ever served us, are serving us now or ever will serve us and mankind. We bless the Water Element everywhere and the blessed Undines who are your messengers, asking that all destructive activities of the Water Element be transmuted by the Violet Transmuting Flame and that never again will the Water Element participate in hurricanes, typhoons, tidal waves or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).

Earth

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Earth's Gifts; all the tortures, consciously or unconsciously, inflicted upon the gnomes and spirits of nature by myself and all mankind.

BELOVED PRESENCE OF GOD "I AM" IN ME and all mankind, BELOVED PELLEUR AND VIRGO, we love bless and thank You and the beings of the Earth. We bless every atom of the Earth and all beings who work with it, the gnomes and spirits of nature, asking that all destructive activities of the Earth Element be transmuted by the Violet Fire and that never again will the Earth Element participate in earthquakes or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).